

# CARPENTER RECREATION CENTER

## AQUATIC RULES FOR YOUR SAFETY

1. All swimmers must shower before entering the pool area.
2. Everyone wishing to enter the pool must pay admission fees. Children five years and younger must be accompanied into the water by a paying guardian 14 years or older and must remain within arm's reach at all times. Children 6-8 years must be accompanied into the pool area by someone 12 years or older.
3. Diving is allowed in designated areas only. No diving is allowed in water less than five feet deep.
4. No running, dunking or excessive horseplay. No spins, flips or going backwards from the side of the pool.
5. No glass is allowed in the pool area, locker rooms, steam room or sauna.
6. No smoking, alcoholic beverages/beverages, food, gum or candy allowed in the pool area or locker rooms.
7. Instructions of the lifeguards must be obeyed.
8. For the safety of yourself and others please do NOT use the pool or hot tub if you have a cold, diarrhea, excessive sunburn or unhealed abrasions.
9. All swimmers must wear appropriate swim attire. Plastic pants or swim diapers are required for all toddlers and must be checked and changed often. Inappropriate swimwear such a thong bathing suits will not be permitted.
10. No underwater breath holding is allowed at any time.
11. Children five years and younger are NOT allowed in the hot tub.
12. Adult Lap is for individuals 18 and older. Those under the age of 18 may apply for approval to swim during adult lap time by calling the Aquatic Specialist at 720-977-5719. Youth lap times are available for approved swimmers.
13. People using the slide must be under 250 lbs. and at least 48" tall. Adults may not use the slide with their children.
14. **Maximum Weight and Minimum Height for Slide**  
Run Out Slide | 250 lbs. maximum; 48" minimum
15. Only those people 18 years and older are permitted to use the steam room and sauna, except on Tuesday and Thursday nights from 7:30-8:50 p.m., children ages 12-17 will be permitted in the steam room and sauna only if accompanied by a parent or legal guardian. The sauna and steam room will close 10 minutes prior to the closure of the building.